Understanding causes of changes in the circulation of the North Atlantic (Dickson 1997, Curry et al. 1998, Koltermann 1999, Turrell et al. 1999) over the last few decades is a priority issue because of potential forcing by climate change (Wood et al. 1999). Events are largely synchronous with the dominant mode of atmospheric behaviour, the North Atlantic Oscillation NAO (Reid et al. 1998b, Mork & Blindheim 2000), that in 1988 moved into a period with the highest positive index for more than a century. The move to a positive NAO has been linked to a regime shift in the North Sea ecosystem that coincided with an increased incursion of oceanic water into the basin (Reid et al. 2001), and was followed in 1989 by the occurrence of a plankton species not seen there since 1911 (Lindley et al. 1990). A second large incursion took place in 1998, again associated with the presence of the same species, normally found in more southerly latitudes (Edwards et al. 1999).

The North Atlantic Ocean has experienced changes in temperatures in the last 2 decades on scales ranging from a general basin-wide increase to local positive or negative anomalies. Levitus et al. (2000) has shown that the heat content of the top 300 m of the world’s oceans has markedly increased since the mid-1950s, and in the North Atlantic temperature anomalies have remained strongly positive since 1987, with the greatest maximum (>3 SD above the 1948 to 1998 mean) in 1998. Hansen & Bezdek (1995) demonstrated the development of a strong positive temperature anomaly also starting in 1987 off Gibraltar that extended and intensified through 1990 to the north and south. The spread of this anomaly off Europe coincides with the position of the eastern boundary current.

The mechanisms contributing to the step-wise ecosystem changes that occurred after 1987 in the North Sea are still poorly understood. Are the changes reflecting increased northerly advection (Holliday & Reid 2001) of warm water in the eastern boundary current? To address these issues we have assembled long-term evidence from the Continuous Plankton Recorder (CPR) survey, remotely-sensed sea-surface temperature, and subsurface temperature and salinity and associated geostrophic flow calculations from a section across the Rockall Trough.

**Methods.** CPR survey: Continuous Plankton Recorders (CPRs) have been towed behind voluntary merchant

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**NOTE**

**Pulses in the eastern margin current and warmer water off the north west European shelf linked to North Sea ecosystem changes**

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**ABSTRACT:** The North Sea ecosystem has recently undergone dramatic changes, observed as altered biomass of individual species spanning a range of life forms from algae to birds, with evidence for an approximate doubling in the abundance of both phytoplankton and benthos as part of a regime shift after 1987. Remarkably, these changes, in part recorded in the Phytoplankton Colour Index of the Continuous Plankton Recorder (CPR) survey, are notable as episodic shifts occurring in 1988/89 and 1998 imposed on a gradual decadal trend. These biological events are shown to be a response to coincident changes in oceanic input and water temperature. Geostrophic transports have been calculated from a hydrographic section across the Rockall Trough, and a time series of sea-surface temperature derived from satellite observations. The 2 pulses of oceanic incursion into the North Sea in circa 1988 and 1998 coincided with strong northward advection of anomalously warm water at the edge of the continental shelf.

**KEY WORDS:** North Sea · Regime shift · Plankton · Long-term changes · Shelf edge current · Remote sensing · SST · NAO

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ships at a depth of ~7 m on their normal routes since 1931. The survey is unique in that the methodology
and plankton analysis procedures for ~400 taxa and a visual index of chlorophyll (phytoplankton colour)
have been maintained with little change for more than 50 yr (Warner & Hays 1994). The plankton is caught
on a moving band of silk of 270 µm mesh, and each analysed sample represents a tow of approximately
10 nautical miles. The CPR was primarily designed to sample zooplankton, and because of the mesh size
most phytoplankton pass through. However, as many diatoms and dinoflagellates form chains, have associ-
ated mucilage, or become entrapped in the fibrils of the silk, a large number of cells are retained. Many of
the smaller flagellates disintegrate in the formalin preservative, but their chloroplasts may also contribute
to the green colouration of the silk. Comparisons between CPR samples and in situ fluorescence suggests
that CPR results give a semi-quantitative index of phytoplankton abundance.

Satellite SST: Sea-surface temperatures (1982 to 1999) from the Multi-Channel Sea Surface Tempera-
ture (MCSST) data set, which is derived from the 5-channel Advanced Very High Resolution Radiometer
(AVHRR) on board the NOAA series polar-orbiting satellites, have been processed for the NE Atlantic (40
to 60°N, 30°W to 20°E, blocking out data from the Baltic and Mediterranean) with an 18 km resolution. A
monthly mean was produced for each pixel in the domain, and then the departure from that mean was
calculated for each pixel for each month of the time series, to remove any seasonal cycle. The data were
then smoothed using a nearest-neighbour median filter with a 4 data-point window, to produce the plot in
Fig. 1. A similar approach was applied to the NASA AVHRR Pathfinder data (9 km resolution) for the
period 1987 to 1998 along the 200 m isobath between 40 and 61°N (see Fig. 2).

Rockall Trough hydrographic section: The Rockall Trough time series consists of seasonally-to-annually
occupied standard full-depth CTD stations (1975 to 2000). For each complete occupation of the section,
the total geostrophic transport relative to a level of no motion at 1200 dbars was calculated. Current meter
records provide evidence of a mid-depth level of no motion, and analysis of the bottom water trapped by
topography suggests error levels of 0.5 Svendrup, (1 Sv = 10⁶ m³ s⁻¹) due to the choice of the reference
pressure (Holliday et al. 2000).

Results. A new analysis (Fig. 1) of north east Atlantic AVHRR sea-surface temperature (SST) confirms
the general pattern of temperature anomalies presented by Hansen & Bezdek (1995), demonstrating a period of
high positive anomalies from 1987 to 1990, and a second period starting in 1995 to 1999 with low negative
anomalies in 1983, 1986, 1992 and 1993/94. In Fig. 2, AVHRR SST observations are plotted for a 9 km wide
band along the shelf edge, approximating the 200 m contour (the path of the shelf-edge current). While the
general pattern found in the basin-wide series is still seen, more localised changes are evident including marked variability in the persistence of anomalies from south to north. Strong positive anomalies are seen to extend from south to north in 1989/90 and 1995/96,
with an especially strong anomaly in late 1997 to early 1998. In contrast, a strong negative anomaly, espe-
cially in the south, was centred on the winter of 1993/94.

Hydrographic time series (subsurface temperature and salinity), taken from a section across the Rockall
Trough (see Fig. 2), reveal, on the basis of geostrophic transport calculations (Holliday et al. 2000), that the
strength of the northward flow of the eastern margin current (including the shelf edge current) fluctuates on
interannual timescales. These measurements show unusually strong northward transport in the Rockall
Trough during 1988/89 and 1998 (Fig. 3). The mean transport across the section is 3.7 Sv, peaking at 7.9 Sv
in 1989 and 7.5 Sv in 1998. Similar calculations of northward transport in the shelf edge current off
Norway, with pronounced peaks in 1987, 1988 and 1996, were made as part of a study of Atlantic inflow
into Nordic Seas between 1955 and 1996 (Mork & Blindheim 2000). The measurements do not describe
the total flow since the shelf edge current is mainly driven by the poleward density gradient; however, the
calculations suggest that the current was more ener-
getic during the above periods. While manifested at the surface by fronts and temperature and chlorophyll
changes, the maximum flows in the shelf edge current occur at ~200 to 300 m. In the second half of 1995, the
SST increases shown in Fig. 2 were also reflected by
a period of increasing temperature in the top 800 m of the Rockall Trough. After relatively stable temperatures since 1975, the upper ocean temperatures showed a positive anomaly (over the 1975 to 2000 mean) of 0.4°C in 1998 and as much as 0.5°C in February 2000.

Measurements of phytoplankton colour (a visual estimate of chlorophyll) from the CPR survey (Fig. 4) have been updated from Reid et al. (1998a). A stepwise increase in annual mean colour occurred after 1987 and has been maintained until at least 1999 at a level that is almost double the previous average. The changes are most pronounced in the winter and summer months and show peaks in 1988/89 and 1998. The upward trend in the summer until 1988 is partly a reflection of a change in timing, with the spring bloom gradually developing later and the autumn bloom earlier until circa 1988, when colour levels increased throughout the year over most of the North Sea.
Discussion. A modelling study forced by observed wind fields has shown an increased inflow into the North Sea over the post-1987 period (Reid et al. 2001). Reid et al. (2001) proposed, on the basis of this increase in oceanic inflow and coincident pronounced changes in phytoplankton, zooplankton, fish and sea surface temperature, that a regime shift had occurred in the North Sea after 1987. The term ‘regime shift’ has been applied to abrupt changes in the abundance and composition of both plankton communities and fish stocks that may occur over large sea areas at decadal intervals. Most of these often step-like events appear to be associated with changes in regional hydrometeorological state, some may be caused by overfishing, while for others the forcing mechanisms are still unclear.

That this event affected the whole ecosystem is supported by evidence of a marked increase in the biomass of the benthos off the coast of the Friesian Islands at approximately the same time (Krönke et al. 1998). This combined evidence suggests that the North Sea has been more productive since 1987, largely as a consequence of an increased influx of oceanic water which is known to be the main source of nutrients (North Sea Task Force 1993). The peak in zooplankton in 1989 is a year later than that for phytoplankton, possibly reflecting a trophic lag and/or a direct response to the warmer waters of 1989/90.

The ecosystem of the North Sea is affected by numerous factors, including oceanic input, temperature, salinity, nutrient levels, river run-off, pollution and fishing activities. Superimposed on the regime shift, biological evidence and model studies point to unusually large inflows of oceanic water into the North Sea in 1988/89 and 1998. The 3 time series presented here indicate that these events occur when the shelf edge current is unusually energetic and during periods of significantly higher temperature. We propose that the North Sea changes are a response to episodic increased inflow, for the most part, of unusually warm oceanic water from the shelf edge current.

The mechanisms that convey oceanic water into the North Sea are not well understood (Huthnance 1995); factors other than the strength of the shelf edge current may be important. Timing of inflow events may also be influenced by local wind-driven advection. For example, while high flows were measured in the Norwegian shelf edge current in 1996 (Mork & Blindheim 2000), the inflow to the North Sea in that year (on the basis of model calculations by Reid & Planque 1999), was low, and southerly warm-water plankton did not penetrate into the basin. This reduction in flow is thought to be a consequence of the pronounced reversal of the NAO and its effect on local winds in the winter of 1995/96. In contrast, in the winter of 1997/98, when the NAO was positive, the warm waters of the shelf edge again contributed southerly oceanic plankton to the North Sea.

Increased temperatures may have profound effects on some species, and may in part account for observed changes to the important North Sea copepod Calanus finmarchicus. This species prefers cold temperate conditions, overwinters in deep water off the shelf, and was in the past the dominant copepod in the northern North Sea. A strong negative correlation has been demonstrated between C. finmarchicus and the NAO in the North Sea (Fromentin & Planque 1996); since 1995 this relationship has broken down (Planque & Reid 1998). In 1996, when the NAO reversed, numbers of C. finmarchicus should have been very high, but they remained low and have continued to do so, and were the lowest on record in 1998. It has been suggested (Heath et al. 1999) that the breakdown in the correlation is due to a reduction in the volume and in the depth of the upper surface of Norwegian Sea deep water, resulting in unfavourable overwintering conditions. The exceptionally warm and strong northward-directed shelf edge current since 1995 would have been a further barrier to the successful introduction of C. finmarchicus to the North Sea since 1995.

By utilising time series data from plankton and hydrographic surveys with remotely-sensed SST products, a new insight into the variability and effects of oceanic advection onto the north west European shelf has been made possible. The results have emphasised the importance of the eastern margin current as a source of oceanic water to the North Sea. Our work and the observations of others provide clear evidence that the inflow occurred at a much higher rate in 1988/89 and 1998. Inflows of oceanic water onto the shelf, bringing in exceptional oceanic plankton, nutrients and anomalously warm water, appear to be the dominant influence forcing change in the North Sea ecosystem.

Our results have important implications for monitoring, ecosystem management and the sustainable exploitation of living resources in the North Sea. The combined effects of long-range forcing, as in the shelf edge current, and local wind-forcing of advection into the North Sea complicates prediction. However, a modelling study (Paeth & Hense 1999) suggests that the NAO is likely to remain positive for the next 4 decades. This implies that the current ecosystem regime in the North Sea is likely to remain in force in the foreseeable future. If this occurs, the altered patterns of fish distribution and the increasing presence and abundance of warmer-water species seen in recent years is likely to be reinforced. Conditions are likely to continue to be unfavourable for colder-water species such as the cod, reducing the likelihood of a recovery of its presently very depleted stock. The apparent high
sedimentation rate to the benthos is also likely to continue, possibly leading to an increase in the stocks of demersal species.

The 2 pulses of oceanic incursion into the North Sea in circa 1988 and 1998 coincided in part with strong northward advection of anomalously warm water at the edge of the continental shelf. Our results appear to confirm a major role for the shelf edge current as a source for water inflow and in the fertilisation of the North Sea.

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Holliday NP, Reid PC (2001) Is there a connection between high transport of water through the Rockall Trough and ecological changes in the North Sea? ICES J Mar Sci

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